

# Seafari

## Marine Services (Oban)

Seafari Marine Services are delighted to be able to offer the following Rescue 3 Water Awareness and Safety Training courses through our associates. All courses are covered by our ISO 9001. The courses are as follows:

### Level 1 – Water Awareness and Safety

#### Course Overview

Water awareness & safety training is designed to provide individuals who may be working near water with sufficient knowledge to be aware of the hazards created by this environment and develop an understanding of various water rescue techniques. This 1 day course includes both technical and practical elements; half a day is spent looking at all aspects of water safety including hazards, hydrology, equipment, personal protective equipment and various low risk rescue options. The remaining time will be spent alongside the water practicing and refining low risk rescue options including the use of rescue throw lines.



#### Scope of the Course

This course is partly classroom based with practical elements being conducted at the waterside. The course is not designed to train individuals as dedicated water rescuers but to make them aware of the hazards associated with water environments and the range of control measures that can be introduced to reduce the risk. Course content includes an introduction to some low risk rescue options which may be attempted by individuals

trained to this awareness level as well as an explanation of higher risk options available to individuals trained to a higher level.

#### Aim

To develop individuals to water awareness level 1 in water safety.

#### Outcomes

After successful completion of the course, candidates will be able to:

- Identify and apply suitable dynamic risk assessment.
- Detail a range of hazards associated with working near water.
- Detail suitable control measures.
- Select the suitable water safety PPE.
- Describe and understand various rescue options.
- Demonstrate the effective use of rescue throw lines.



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## Marine Services (Oban)

### Level 2 – Water Rescue First Responder

#### Course Overview

This course is designed to assist your organisation in meeting the Operations level of the NFPA 1670 standard for water incidents. This 2 day course has 1 day of classroom instruction and 1 day of practical field exercise. Students are trained in hazard recognition, equipment use and techniques necessary to conduct basic shore and boat based rescue.

#### Scope of the Course

Graduates of this class are capable of hazard recognition, equipment use, and techniques to coordinate, perform, and supervise a technical rescue. This class involves intensive rope work and management, as well as search, rescue and/or recovery operations.

#### Aim

To develop individuals to level 2 of water rescue, for a swift water environment.

#### Outcomes

After successful completion of the course, candidates will be able to:

- List water safety guidelines for operations in and around water.
- Describe various open water environments and their potential hazards.
- Demonstrate the skills and knowledge to participate at the operations level in performing a rescue in swift moving water either in a natural or flood induced setting.
- Cross channels of moving water using a variety of techniques.
- Assess moving water condition, characteristics and features in terms of hazards to the victim and rescuer.
- To determine method of victim entrapment.
- Have a basic knowledge of ropes and technical equipment.
- Self rescue and swim in a swift water environment.



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## Marine Services (Oban)

### Level 3 – Swift Water Rescue Technician

#### Course Overview

This course is designed to meet the requirements for the technician level NFPA 1670 Standard on Operations and Training for Technical Rescue Incidents and the NFPA 1006 Standard for Rescue Technician Professional Qualifications in the area of water. It is an intensive 4 day programme. It has half a day of classroom instruction followed by two and a half days developing and practicing water rescue skills. The initial emphasis is on self-rescue skills. Other objectives include an in-depth look at such subjects as water dynamics, handling hazards and obstacles, using basic rescue equipment, setting up technical rope systems, controlling in-water contact rescues, and much more. Information from this course is applicable to anyone confronted with potential water rescue, as well as the possibility of self-rescue.



swift water rescue team.

#### Scope of the Course

The emphasis throughout this course is on attempting low and high risk rescues supported by a second backup plan should a more technical solution be required. The course will be a mixture of theory and practical sessions, the emphasis however will be on gaining enough practical experience to feel confident in and around this subject. This is an intensive 4 day course. The initial emphasis is on developing safety awareness and self rescue skills. By the end of this course participants will know their strengths and limitations, and be useful members of a

#### Learning Outcomes

After successful completion of the course, candidates will be able to:

- Identify and apply suitable dynamic risk assessment.
- Interpret water flow and hydrology.
- Apply safe working practices and understand the issues with water PPE and rescue principles.
- Use ropes and technical equipment to perform rescues.
- Apply rescue swimming skills in a variety of situations.
- Understand the issues of shallow water crossings, use of ropes and evacuation procedures.
- Achieve both low and high risk rescues.
- Controlling in-water contact rescues.
- Use boats & inflatable rescue crafts in a variety of situations.
- Recognize certain water related medical conditions.
- Understand how to perform search & rescue procedures.
- Be able to self rescue



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